

## Reflection Assignment Writing Prompt

Reflect on what you've experience during your experiential learning requirement, whether it be an internship, research, or study away experience; reflect on how these experiences contributed to your thinking about your curriculum, career and calling, and character and community – the 5 C's of Hiram Connect. Please be specific about these experiences and the skills that you have cultivated while considering the guiding questions of Hiram Connect:

**Curriculum:** With this question, we encourage students to reflect on their progress towards their goals and consider the gaps in their knowledge or skills and plans for addressing these gaps.

- How does your major curriculum relate to your internship?
- What should you know how to do, and what should you learn to help prepare you for your future career?

**Career:** Students must reflect on their goals for a career after Hiram.

- What work best fits your knowledge, skills and dispositions?
- Have you discerned a potential career path? How will you continue to develop yourself as a professional to prepare for this path?

**Calling:** Discerning what is most meaningful is a crucial element of personal reflection at Hiram. Our mission is not only to help our students “thrive in their chosen career,” but also to “flourish in life.”

- Will your chosen career contribute to your sense of purpose, or has your sense of calling transformed your career goals?
- Will your sense of calling be distinct from your pursuit of a career?

**Character:** Students should reflect on themselves and their growth as a person. This means students must reflect on who they are.

- Who do you want to become? Take a moment to reflect on your talents and skills, knowledge and experience, hopes and aspirations.

**Community:** Reflect on what sort of person and what sort of work one will do.

- How will you contribute to the various communities you belong to?

Once finished with the reflection assignment, submit it to your faculty advisor and [careercenter@hiram.edu](mailto:careercenter@hiram.edu).