

ANDREW C. WHITE, Ph.D.

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EDUCATION

Degree	Institution	Date Degree Granted
Ph.D.	University of Minnesota Kinesiology, Sport and Exercise Psychology Minor: Psychology [Advisor: Diane Wiese-Bjornstal, Ph.D.]	2018
M.A.	University of Windsor Clinical Neuropsychology [Advisor: Carlin Miller, Ph.D.]	2013
B.A.	Ohio Wesleyan University Psychology and Neuroscience	2010

PROFESSIONAL HISTORY

Positions/Employment

Hiram College, Hiram OH

Director of the Scarborough School of Business and Communication	Jan. 2021 – Present
Coordinator of Sport Management	2019 – Present
Assistant Professor of Psychology	2017 – Present
Women's Basketball Faculty Assistant Coach	2017 – Present
Mental Performance Consultant	2018 – Present

University of Minnesota, Minneapolis, MN

Graduate teaching assistant and research fellow in Kinesiology	2013 – 2017
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University of Windsor, Windsor, ON

Graduate teaching assistant in Psychology	2011 – 2013
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Maryland Psychiatric Research Center, Catonsville, MD

Clinical research assistant and recruiter	2010 – 2011
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Ohio Sleep Medicine Clinic, Dublin, OH

Research and office assistant	2008 – 2009
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Current Membership in Professional Organizations

Association for Applied Sport Psychology (AASP)
 Commission on Sport Management Accreditation (COSMA)

TEACHING AND CURRICULUM DEVELOPMENT

Hiram College

Courses taught

- FRCL 10101: Snap, Crackle, Pop! Sport Injury in the Age of Technology (4 credits, 17 students)
 Freshman Colloquium Course
- PYSC 10100: General Psychology (4 credits, Avg. 20 students)
- PSYC/BIOL 21000: Research Design and Analysis (4 credits, Avg. 19 students)
- PSYC 25500/35500: Abnormal Psychology (4 credits, Avg. 19 students)
- PSYC/IES 23500/28000: Sport and Exercise Psychology (4 credits, Avg. 19 students)
- PSYC 25300/35300: Health Psychology (Online and in-person, 3 credits, Avg. 20 students)
- PSYC 28000: Special Topics in Developmental Psychology (4 credits, 20 students)
- PSYC 36100: Introduction to Clinical and Counseling Psychology (4 credits, 19 students)
- PSYC 48010: Senior Capstone Research (4 credits, 4 students)
- PSYC 48100: Independent Research (1 student)
- PSYC 49800: Internship in Applied Sport Psychology (1 student)
- SOSC 21000: Social Science Research Methods (Online, 4 credits; 13 students)
- SPMT 30100: History and Philosophy of Sport in the US (3 credits, 18 students)

University of Minnesota

Courses taught

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|---|-------------|
| KIN 3126W: Sport and Exercise Psychology (3 credits, 15 students) | Summer 2015 |
| Discussion Section (Average 16 students each) | 2013 – 2016 |
| KIN 3131W: History and Philosophy of Sport (3 credits, 16 students) | Spring 2017 |
| Discussion Section (16 students each) | 2014 – 2015 |
| KIN 3136: Mental Skills Training for Sport (3 credits, 35 students) | Spring 2016 |
| KIN 3982: Research Methods in Kinesiology (3 credits, 35 students) | 2016 – 2017 |

** “W” indicates a writing-intensive course, which requires students submit multiple drafts of papers, with a significant portion of the course grade allocated to written assignments.

Guest Lectures

KIN 3126W, Sport and Exercise Psychology (80 students)

Instructor: Diane Wiese-Bjornstal, Ph.D.

Aggression in sport – Taught 5 times

Athletic injury psychology – Taught 2 times

Behavioral approaches to affective sport and exercise behavior – Taught 2 times

Feedback, reinforcement, and intrinsic motivation – Taught 1 time

Group Dynamics — Taught 1 time

Social influences of sport and exercise behavior – Taught 1 time

KIN 3131W, History and Philosophy of Sport (80 students)

Instructor: Maureen Weiss, Ph.D.

Anabolic steroids: The gremlins of sport – Taught 1 time

KIN 5723, Psychology of Sport Injury (25 students)

Instructor: Diane Wiese-Bjornstal, Ph.D.

Imagery in sport injury rehabilitation – Taught 1 time

Psychological models and counseling skills – Taught 1 time

Tutoring

Student-Athlete Academic Subject Tutor — Introduction to Psychology 2016

Faculty Development Activities regarding teaching

Preparing Future Faculty Retreat; University of Minnesota Center for Teaching and Learning
College of Education and Human Development Online Course Design Workshop

University of Windsor**Courses, seminars, and instructional units taught**

PSY 228: Abnormal Psychology, Discussion – Taught 1 unit Spring 2013
PSY 116: Introduction to Psychology, Discussion – Taught 3 units 2012-2013

ADVISING AND MENTORING

Hiram College

Traditional College Academic Advising 2017 – Present
Current: 37 students
Total: 51 students
MAIS Student Advising 2017 – Present
Outside Reader: 2 students
Capstone Advisor: 3 students

University of Minnesota

KIN 3993, Directed Study 2013 – 2017
Advised or co-advised 41 undergraduates on several research projects.
This involved training in conducting literature searches, obtaining informed consent, collecting data, entering and analyzing data in SPSS, writing reports, and providing professional development workshops.

PUBLICATIONS

Refereed Publications

- Wiese-Bjornstal, D. M., Wood, K. N., White, A. C., Wambach, A. J., & Rubio, V. (2020). Exploring religiosity and spirituality in coping with sport injuries. *Journal of Clinical Sport Psychology*.
- White, A. C., Heffernan, C., & Kihl, L. (2018). Academic outcomes of an out-of-school sport program: A repeated-measures community-based participatory research study. In *SAGE Research Methods Cases*. London, UK: Sage Publications.
- Russell, H. C., White, A. C., & Wiese-Bjornstal, D. M. (2017). Physical and psychological changes during marathon training and running injuries: An interdisciplinary, repeated-measures approach. In *SAGE Research Methods Cases*. London, UK: Sage Publications.
- Wiese-Bjornstal, D., White, A. C., Russell, H.C., & Smith, A.M. (2015). Psychology of sport concussions. *Kinesiology Review*, 4(2), 169-189. doi: 10.1123/kr.2015-0012.

- Knezevic, B., Pedden, V., White, A. C., Hoaken, P., & Miller, C. (2015). A multifactorial conceptualization of impulsivity: Implications for research and clinical practice. *Journal of Individual Differences*, *36*, 191-198. doi: 10.1027/1614-0001/a000173.
- White, A. C. & Miller, C. (2015). Delinquency in emerging adult females: The importance of callous-unemotionality and impulsivity. *Deviant Behavior*, *36* (4), 245-258. doi: 10.1080/01639625.2014.924363.

Non-Refereed Publications

- Wiese-Bjornstal, D. M., White, A. C., Wood, K. N., & Russell, H. C. (2018). Sports medicine psychology. In T. S. Horn & A. L. Smith (Eds.) *Advances in sport and exercise psychology* (4th Ed.). Champaign, IL: Human Kinetics.
- White, A.C. & MacDonald, A.W. (2009). Establishing visuospatial tasks sensitive to context processing deficits in schizophrenia. *Proceedings of the 2009 REU Summer Undergraduate Program in the Behavioral and Cognitive Sciences*. Minneapolis, MN: Center for Cognitive Sciences, University of Minnesota.

PRESENTATIONS

Presentations at Professional Meetings and Conferences

- White, A. C. (2019, October). *Improving student engagement and outcomes through gamifying the classroom*. Accepted for presentation at the 2019 Association for Applied Sport Psychology Annual Conference in Portland, OR.
- White, A. C., Wiese-Bjornstal, D. M. (2018, October). *Fair Play in youth football: Reducing injury rates through improved sportsmanship behavior*. Poster presented at the Association for Applied Sport Psychology Annual Conference, Toronto, ON, Canada.
- Principe, F. M., Wiese-Bjornstal, D. M., Wood, K. N., White, A. C., & Kronzer, J. R. (2018, October). *Development of laboratory activities for an undergraduate sport and exercise psychology course for kinesiology majors*. Poster presented at the Association for Applied Sport Psychology Annual Conference, Toronto, ON, Canada.
- White, A. C., Russell, H. C., Wood, K. N., Lundstrom, C., & Wiese-Bjornstal, D. M. (2017, October). *Breadth or depth? Evaluating psychological, performance, and injury outcomes following multidimensional or single-skill mental skills training in marathoners*. Poster to be presented at the Association for Applied Sport Psychology Annual Conference in Orlando, Florida.
- Wiese-Bjornstal, D. M., Wood, K. N., White, A. C., Wambach, A. J., & Rubio, V. J. (2017, July). Exploring religiosity and spirituality in coping with sport injuries. In V. J. Rubio (Chair), *Coping, resilience and personal growth following a sport injury*. Symposium to be conducted at the International Society of Sport Psychology 14th World Congress, Seville, Spain.
- White, A. C., & Wiese-Bjornstal, D. (2016, September). *An applied behavior analysis approach to reducing poor sportsmanship and injury rates in youth football*. Poster presented at the Association for Applied Sport Psychology Annual Conference, Phoenix, AZ.

- Wiese-Bjornstal, D. M., Wood, K. N., White, A. C., Wambach, A. J., & Rubio, V. J. (2016, August). *Sports medicine psychology and Christianity*. Paper presented at the Inaugural Global Congress on Sports and Christianity, York, England.
- White, A. C. (2016, April). *Fair Play in youth football: Reducing injury rates through improved sportsmanship behavior*. Invited lecture at The Conference on the Intersection of Athletic & Educational Equity, Minneapolis, MN.
- Russell, H. C., White, A. C., O'Donnell, K., Rhodes, G. S., Lundstrom, C., Wiese-Bjornstal, D. M., & Ingraham, S. J. (2015, October). *Mood disturbance, mileage, and intention to run another marathon: Experiences of marathon runners at one and two months post-marathon*. Poster presented at the Association of Applied Sport Psychology Annual Conference, Indianapolis, IN.
- White, A. C., & Wiese-Bjornstal, D. (2015, June). *"No flag on the play": Using behavioral modification to reduce injuries in youth football – A pilot study*. Poster presented at the North American Society for the Psychology of Sport and Physical Activity Annual Conference, Portland, OR.
- White, A. C., & Wiese-Bjornstal, D. (2015, March). *"No flag on the play": Using behavioral modification to reduce injuries in youth football – A pilot study*. Lecture presented at the Association for Applied Sports Psychology North Central Regional Conference, Mankato, MN.
- White, A. C. (2014, February). *"No flag on the play": Using behavioral modification to reduce injuries in youth football*. Lecture presented at the Association for Applied Sports Psychology North Central Regional Conference, Mankato, MN.
- Knezevic, B., White, A. C., Niemasik, M., Miller, S.R., Miller, C.J. (2013). *A multidimensional model of impulsivity: Can impulsivity be modeled as a macroconstruct?* Poster presented at the International Neuropsychological Society Annual Meeting, Waikoloa, HI.
- White, A.C. & MacDonald, A.W. (2009). *Establishing visuospatial tasks sensitive to context processing deficits in schizophrenia* Poster presented at:
- Summer Science Research Symposium at the University of Minnesota
 - Summer Science Research Symposium at Ohio Wesleyan University
 - Midwest/Great Lakes Undergraduate Research Symposium in Neuroscience

Faculty Development Presentations

- White, A. C. (April 2019). You snooze, you lose...literally! A discussion of "how to" and "lessons learned" from the gamified classroom. Presented at Hiram College Feather Fellows.
- McKenna, M., Everett, D., Goodner, B., & White, A. C. (November 2018). Free, low-cost, and open-source textbook options. Presented at Hiram College Feather Fellows.

RESEARCH GRANTS, FELLOWSHIPS, AND SCHOLARSHIPS

Grants

Received at Hiram College

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| Gerstacker-Gund Faculty Development Grant
\$3,100 awarded for summer research and faculty development | April 2021 |
| Gerstacker-Gund Faculty Development Grant
\$4,881 awarded for summer research and faculty development | April 2020 |

Gerstacker-Gund Faculty Development Grant \$3,000 awarded for summer research and faculty development	May 2019
Sport Management Program Development Funds \$55,278 awarded to implement Sport Management program	August 2018
Conference Travel Award \$500 awarded to present research at 2018 AASP conference	November 2018
Strategic Academic Development Fund Award \$6,900 awarded to reimburse faculty (5 members) developing Sport Management program	June 2018
Conference Travel Award \$500 awarded to present research at 2017 AASP conference	November 2017

Received at the University of Minnesota

Council of Graduate Students Conference Travel Grant Fully funded at \$759.76	Mar. 2016
University of Minnesota Graduate School Research Grant Project title: <i>Fair Play in youth football: Using behavioral modification to reduce injury rates</i> Fully funded at \$450	Sept. 2016
Association for Applied Sport Psychology (AASP) Research Grant Project title: <i>Fair Play in youth football: Using behavioral modification to reduce injury rates</i> Fully funded at \$430	Sept. 2015
Doctoral Student Travel Award – Department of Kinesiology \$200 award given to reimburse conference travel.	Sept. 2015
Graduate Students in Education & Human Development Travel Grant \$450 award given to reimburse conference travel.	Sept. 2015
Doctoral Student Travel Award – Department of Kinesiology \$200 award given to reimburse conference travel.	Sept. 2014

Fellowships and Scholarships

Received at the University of Minnesota

Edith Mueller Endowed Fund for Graduate Education \$5,000 award established to “to support graduate education, including but not limited to graduate assistantships, research support, travel to conferences, and equipment.”	2015–2016
Hauge Fellowship Award \$750 award given based on academic progress and research potential.	2015–2016
Dorothy McNeill Tucker Fellowship \$2,000 award given to a student with a strong academic record and “exceptional potential in their field.”	2014–2015
College of Education & Human Development Graduate School Fellowship This is a highly competitive, nomination-based fellowship valued at \$22,500. The award is given based on GRE scores, academic record, letters of recommendation, and potential to excel in the field.	2013–2014
University of Minnesota Research Experience for Undergraduates participant	2009

Received at the University of Windsor

Master's International Entrance Scholarship 2011

HONORS AND AWARDS FOR ACADEMICS AND SERVICE

Hiram College

Michael Starr Award 2019
Recognizes outstanding service and potential of one untenured faculty member

Ohio Wesleyan University

Departmental Honors in Psychology 2010
Psi Chi Honor Society Award for Outstanding Department Citizenship 2010
Psi Chi, The National Psychology Honor Society 2009
Omicron Delta Kappa, The National Leadership Honor Society 2009
Mortar Board Senior Honor Society 2009
Phi Eta Sigma, Freshman Honor Society 2007
Laureate Award for Expository Writing 2007

SERVICE AND PUBLIC OUTREACH

Hiram College

Committee on Athletics 2020 – Present
Psychology Club Faculty Advisor 2017 – Present
Institutional Review Board (IRB) Member 2017 – 2021
New Faculty Search Committee Member (Management and Accounting) Spring 2019
“Mind Funk” Community Event at Cleveland Museum of Natural History Spring 2019
ePortfolio Development Committee 2019
Sport Management Assessment Coordinator 2019 – Present

University of Minnesota

University of Minnesota Council of Graduate Students Grants Committee 2016–2017
Review conference travel grant proposals from graduate and professional students.
“Sport injuries: Don’t let them get you down” 2014
Taught students at Jackson Middle School (Champlin, MN) about psychological reactions to concussions and other sport-related injuries.

Ohio Wesleyan University

“Brain Awareness Week” — Delaware, OH area elementary schools 2009
Traveled to elementary schools in Delaware, OH and taught students about brain anatomy and function.