



HIRAM COLLEGE

MEN'S INDOOR TRACK RECORDS

EVENT	PERFORMANCE	NAME	YEAR
55m	6.71	Wade Hamilton	1996
55mHH	8.19	Luke DeCesare	2000
200M	23.36	Bruce Alexander	2001
300m	37.39	Bruce Alexander	2001
400m	51.85	Bruce Alexander	2001
500m	1:08.1	Greg Cicero	2000
800m	1:58.75	Greg Cicero	2000
1000m	2:35.8	Chris Snyder	1996
1500m	4:03.72	Chris Snyder	1996
5000m	15:56.80	Don Beesing	2002
4x200m relay	1:34.88	Mike March, Rasheen Sinclair Scott Cothren, Bruce Alexander	2001
4x400m relay	3:31.43	Joey Ortiz, Rasheen Sinclair Don Beesing, Bruce Alexander	2001
DMR	11:02.99	Josh Collins, Scott Cothren Andy Humble, Joe Moosbrugger	2003
High Jump	6'7"	Eric Thompson	1971
Pole Vault	13'3"	Bob Robertson	1963
Long Jump	23'3"	Eric Thompson	1971
Triple Jump	42'2"	David Jukes	2000
Shot	51'10"	Bob Kujala	1995
Weight	41' 0.25"	Dan Crofoot	2005